

AGENDA

OF THE GREATER AVENUES COMMUNITY COUNCIL

www.slc-avenues.org

April, 2017

Vol. XXI

Issue 4

representing the Avenues and
Federal Heights neighborhoods
of Salt Lake City, Utah

Homelessness: Not Just The Other Guy's Problem

by Kim M. Bowman Jr. This month's
2017 Chairman GACC priority
is affordable

housing. The issue is timely, as our city is in the process of considering a five-year housing plan.

Affordable housing in Salt Lake City is something that greatly impacts the lives of so many, especially those that are economically burdened. Those who have been living in SLC, and in the Avenues in particular, know that the price of homes has been steadily rising faster than the national average. Rents are also rising much faster than the wages of renters. According to the Kem C. Gardner Policy Institute at the University of Utah, over the past ten years rents in Salt Lake City have risen 17 percent in inflation-adjusted dollars while the median income of renters has increased just three percent. Low income and affordable housing initiatives have never been more important.

A lot of time and attention has been spent over the last few years working to address homelessness in Salt Lake County, and in Salt Lake City in particular.

Here are the facts about people who are homeless in Utah: 46% are families, 29% are children, and up to 13% are veterans.

While there are a lot of statistics about homelessness, fundamentally it's an issue of morality. It's important to remember that the vast majority of homeless people are not chronically homeless (only 3.9%), but instead are temporarily in need of help (80% need shelter for less than two weeks), and a lack of affordable housing is the number one reason for homelessness. With so few affordable options, and a minimum wage that is \$3.25 below the poverty wage for a single parent with three children living in our county, it only takes one financial emergency like a missed paycheck or unexpected medical bill to leave many temporarily homeless.

We need to work as a community to prioritize building mixed-income housing, provide real options for stability and access to transit and services in the places that people work and live.

Failure to address systemic causes of the lack of affordable housing as well as homelessness today will result in our local governments and so many of our neighbors facing much more serious problems 10 or 15 years from now.

Together, I know we can end homelessness and reduce poverty in our generation.



Kim M.
Bowman Jr.

GACC Community Meeting

April 5, 7:00 p.m.

Sweet Library

9th Avenue and F Street

- 7:00 to 7:05—Welcome, Announcements (Chair)**
- 7:05 to 7:35—Reports:** Library, Police, Fire, City, School Board, Legislative, and Aves Baseball
- 7:35 to 7:45—GACC Treasurer's Report**
- 7:45 to 7:50—Avenues Proper Conditional Use Request (Andrew Tendick)**
- 7:50 to 8:40—2017 Priority Issue #3 – Affordable Housing**
- 8:40 to 8:45—Open Announcements**
- 8:45—Adjourn**
- 8:45 to 8:55—Cookies and Conversation with Neighbors/Clean Up**

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On March 10, Salt Lake County Mayor Ben McAdams announced five potential homeless resource sites, along with a public engagement process.

Information on the sites and process can be found at www.homelessfacilitysite.org.

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AVENUES COMMUNITY MEETINGS

GACC Council Meeting

Wednesday, April 5, 2017, at 7 p.m., Sweet Library. For special accommodations contact the GACC chair at gaccchair@slc-avenues.org. Open to the public, all welcome.

GACC Board Meeting

Wednesday, April 12, 2017, at 7 p.m., Sweet Library. For special accommodations contact the GACC chair at gaccchair@slc-avenues.org. Open to the public, all welcome.

Community Life / Resources / Free Stuff!

Sweet Branch Library, 455 F Street (at 9th Avenue), 801-594-8651, www.slcp.org. • **Coding Club**. Mondays, 4 p.m. to 5:30 p.m. Develop computer coding skills at your own pace in a creative and collaborative environment. Kids and teens ages 8–18 can take part in weekly workshops where they’ll be able to work through a self-guided programming curriculum with the help of Library staff. Registration is required. • **Playtime @ Sweet**. Tuesdays at 10 a.m. to 11:30 a.m. Playtime for children 0 to 5 years-old and their caregivers. • **Book Baby**. Every Wednesday at 10:15 a.m. • **Preschool Storytime**. Every Wednesday at 11:15 a.m. • **STEAM Activity**. Theme: Exploring Body. Thursday, April 6 at 4 p.m. • **LEGOs at the Library**: Thursday, April 13 at 4 p.m. • **Thursday Afternoon Craft**. April 20 from 4 p.m. to 5 p.m. • **Family Yoga**. Thursday, April 27 at 4 p.m. • **Adult Calendar**: Technology League—Come in and learn about Online Basics. April 1, 10 a.m. to 11:30 a.m. • **Smart Dating**: How to avoid falling for a Jerk or Jerkett, Every Tuesday in April at 6:30 p.m. • **Technology League**: Come in and learn about Computer Basics. April 12, 1:30 p.m. to 3 p.m. • **United We Read Book Discussion**. The state of Utah's book for the year is "A Man Called Ove." Discuss it on April 19, 7 p.m. to 8:30 p.m. • **BOOK CLUB**: Sweet Reads at Avenues Proper, 376 8th Ave: fourth Tuesday at 7 p.m. Light refreshments will be provided at each event. Registration is required. • **Children, Teens, Adults! All Ages!** Hogwarts End-of-Term-Bash! Saturday, April 8, noon - 5:30 p.m. Celebrate nearing the end of the school year with a Harry Potter-themed bash! All ages will be able to enjoy crafts, snacks, games, and a screening of Harry Potter and the Sorcerer’s Stone. During this event, donations of new, unworn socks will be accepted to free house elves and will be given to local homeless shelters

City Academy, 555 E. 200 South, 801-596-8489, www.city-academyslc.org, 7th to 12th grade tuition-free public charter

school since 2000. Now enrolling for fall 2017. Call for a personal tour.

Avenues Exercise Class -Free- Federal Heights LDS Ward, 1300 Fairfax Road. Mondays and Wednesdays, 8:30 a.m. to 9:45 a.m. 801-534-1443.

Spring 2017 Avenues Baseball: Avenues Baseball invites all boys and girls aged 12 and under to register for our spring baseball season! Most games are at Lindsay Gardens Park, 8th Avenue and M. Info: www.avesbaseball.org. Organizers stated these tentative dates: Saturday, April 1, first game for all teams; Monday, April 10, through Saturday, April 15, no games (SLC public schools spring break); Saturday, April 22, Opening Day Celebration (player introductions and games for all teams.)

Popperton Plots: The Avenues Community Garden begins its fourth growing season and organizers are eyeing a new drip irrigation system and garden expansion (as the plots typically fill up each season.) If you are interested in finding out more about Popperton Plots use the following link; wasatchcommunitygardens.org or call the office at 801-359-2658.

Catch Art Works by Bryant Middle School Students Until April 22.

Bryant Middle School, 40 S. 8th East, serves a diverse population of seventh and eighth graders from across Salt Lake City. The school boundaries stretch from Rose Park to Federal Heights and from Glendale to the Avenues. Bryant also serves students from The Road Home and the YWCA shelter. Approximately 400 students attend this public school, 76 percent of whom speak more than one language. Bryant students are enthusiastic, work together well as a community, and are eager to learn.

The Bryant Visual Art classes offer a foundation in both two-dimensional and three-dimensional art. Students learn drawing basics before branching out into chalk pastel, watercolor, papier-mâché, glass fusing, string art, encaustic painting, and wheel-thrown pottery. Art classes help students express themselves and develop higher-level thinking and problem-solving skills. Because practice and effort are emphasized over raw talent, all students can be successful. Emily Pierce has been teaching at Bryant since 2005.

The Agenda

Publisher's Statement

The monthly Greater Avenues Community Council newsletter "The Agenda" is mailed free to all residences in the Avenues. This publication is created to conduct the business of the Greater Avenues Community Council. Mail correspondence to P. O. Box 1679, Salt Lake City, UT 84110.

GACC 2017 Officers and Publisher Contacts:

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Newsletter: Dave Jonsson, newsletter@slc-avenues.org.

GACC web page is www.slc-avenues.org.

Did You Know?

Pedestrian deaths made up 14 percent of all traffic related fatalities in 2014 says the National Highway Transportation Safety Association. And 70 percent of pedestrian fatalities occur between 6 p.m. and 5:59 a.m., so it's important to stay visible, especially after the sun goes down (lights, reflective gear, *not* wearing your darkest outfit, etc.)

11th Avenue Wall Gets a Rehab

The stone wall around the top of our city cemetery, long ignored and falling apart, is finally getting repaired.

A contractor hired by the city has been working through March replacing lost stones and repointing loose ones. The work started at the fire station and has moved eastward.

Work should be done some time in April.

The nearly \$400,000 project also includes repairing a vintage cobblestone wall within the cemetery.

The wall is a product of the 1939 New Deal's Work Projects Administration program that aimed to combat the Depression by putting millions of men

to work. The nationwide program cost \$4.9 billion in 1939 dollars, trillions by today's standards.

Utah got a share of the expenditure and some 233 buildings such as gymnasiums, city halls, fire stations, armories and school buildings were built as a result of the programs of President Franklin D. Roosevelt.

Scan this QR code for the full list. Like to type? Here's the really long URL:



http://www.historytogo.utah.gov/utah_chapters/from_war_to_war/newdealagenciesbuilt233buildingsinutah.html.



In mid-March, workers rebuild a curving cemetery entrance structure in a long-needed rehabilitation of WPA-era wall.

Proposed GACC Resolution Supporting Salt Lake City's Renewable Energy Goals to be Discussed at May Meeting

A Joint Resolution was proposed by Mayor Biskupski and adopted by City Council on November 1, 2016 entitled "A Joint

Resolution of the Salt Lake City Council and Mayor Establishing Renewable Energy and Carbon Emissions Reduction Goals for Salt Lake City." During the May GACC meeting we will be discussing a proposed GACC resolution to support the

City's stance on renewable energy. The full text of the Salt Lake City Resolution and more information about Salt Lake City's climate change and energy policies may be found at <http://www.slcgreen.com/climatepositive>.

April theme for our monthly photo

contest: "Spring has Sprung"

Congratulations to Jeanne Frederick, our March photo contest winner!

Please send your April photo submissions to gaccchair@slc-avenues.org by April 13th.



Got your 96-hour emergency preparedness kit yet?

Over the years, public safety officials have encouraged citizens to put together and maintain emergency kits in case of a natural disaster that cripples the community.

The kits have grown in time span and size as officials realized normal public safety services and utilities can take longer and longer to restore. A simple power outage is one thing, but a widespread power emergency that takes days or weeks to repair is quite another.

Our Avenues is generally immune from major flooding like they saw in New Orleans, and hurricanes are not a threat either. But who foresaw a tornado whipping through downtown and wreaking havoc on the western Avenues?

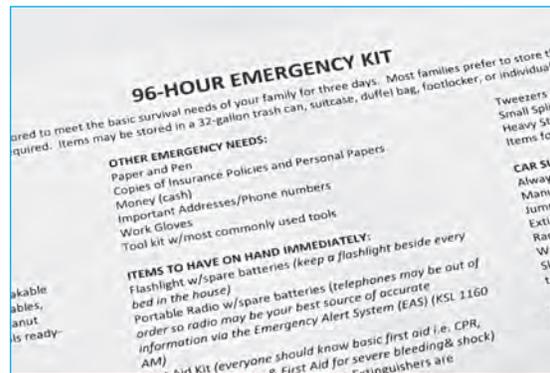
As “Shakeout” backers will tell you, our town is not safe at all from a big earthquake that could strike any time. In fact, on the Avenues we have the dubious distinction of “hosting” a branch of the Wasatch Fault.

Salt Lake City’s web

site has a great PDF you can download that gives an exhaustive list of items to stockpile in event of a 96-hour (four-day) outage/emergency/disaster. It lists everything you might need to get through the emergency, and suggests the “kit” could be contained in a 32-gallon garbage can. Your experience may differ, to say the least.

If you are familiar with QR codes, scan the code at right to get the PDF. But here's the link as well:

<http://www.slcdocs.com/em/96HourKit.pdf>.



The Great Utah ShakeOut 2017

The Great Utah ShakeOut will take place April 20, 2017. Hundreds of organizations such as businesses, schools and universities around the state will hold earthquake drills on that day.

Individuals, families, scout troops, CERT teams. etc. can also participate. If you wish, you may register your participation with the ShakeOut web site <http://www.shakeout.org/utah/>. There you will also find recommended earthquake safety actions to take wherever you are. Participate in a drill with one of your local groups. See lists at the ShakeOut web site.

At the very least, practice Drop, Cover, and Hold-on and check the contents of your 96-hour kit. Be safe and be prepared!

— Carleton DeTar

Want to design the 2017 Street Fair logo art?

Calling Avenues Artists: Street Fair “Featured Artist” Statements Due May 1

The Greater Avenues Community Council is now accepting Statements of Interest from prospective Street Fair Featured Artists. The selected artist provides a unique and original painting or digital art piece

that represents the artist’s concept of what “The Avenues” means to them. This image becomes the visual theme for the Street Fair, slated for Saturday, September 9, 2017.

The statements are due May 1st.

The Street Fair Committee will select the Featured Artist and notify all candidates by mid-May. The artwork is then

due to GACC by June 1, 2017 and then is used in all Street Fair promotional items, with the original art remaining the property of the artist. The chosen artist is provided a complimentary booth at the Avenues Street Fair. Details are available on the GACC website: www.slc-avenues.org. To submit a Statement of Interest, please email berkelba@gmail.com.

Miscellany Of Note:

A big event for GACC is the annual Memory Grove Cleanup the second Saturday in May, in this case May 13. The event starts early and draws several hundred pairs of hands to weed, prune, rake and replant the Grove. Workers get a hamburger lunch afterward.

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Salt Lake City’s Master Recycler Program

This free, educational curriculum is aimed at developing recycling champions in our community. The program begins April 7th and we’re accepting applications now! Visit <http://slcmasterrecycler.com/> for more information.

...

Check out Salt Lake City's YouTube videos at <http://www.youtube.com/user/SLCtvmedia> and scroll down to history. Fun stuff including in the videos under the category of "Salt Lake City History Minute. Just start a video and let them run. Fascinating.

Handle This Noxious Weed With Gloves

Volunteer with SLC Open Spaces in your neighborhood on April 22, Earth Day, to "Purge the Spurge" and rid our communities of this invasive weed.

More info at: <http://www.signupgenius.com/go/30e044ca9a72aaafd0-myrtle>.

Myrtle Spurge (Euphorbia myrsinites), also called "donkey tail" or "creeping spurge," is one of Utah's most dreaded noxious weeds, which requires it to be eradicated and prevented from propagating.

Myrtle Spurge is a drought-tolerant perennial that was introduced to North America as an ornamental. It is considered a noxious weed because it is aggressive and proliferates easily, outcompetes native plants, and has toxic milky sap. City officials are asking you to take advantage of a spurge-pull event April 22.

But if you go, remember, you shouldn't handle this little devil without gloves.

You'll find a great information sheet at http://www.utahweed.org/PDF/Myrtle_spurge.pdf.



Got A Band? We've Got Your Gig

Call for Entertainers for Street Fair September 9

After purchasing a Martin DXK2 Dreadnought acoustic guitar in high school, I immediately mastered The Beatles' classic song, "Blackbird."

Shortly thereafter, my ambition to tour the world quickly waned, and my guitar has been collecting dust ever since. While performing in the Avenues Street Fair certainly sounds like fun, I think it's best we call in the professionals!

The Avenues Street Fair is calling for 12 musical artists/groups across varying genres, including Jazz, Folk, Rock, Classical String Quartet, Reggae, etc. to perform on stage in front of your neighbors, family, and thousands of friends on Saturday, September 9, 2017.



Brian Berkelbach

To be considered, please contact Daniel Gaffin (danielgaffin@gmail.com), and provide a demo, preferably via a link to a website, Youtube video, etc. While the performance opportunities are unpaid, you are permitted to sell your band's music and merchandise.

Also, selected bands will be listed on the Street Fair's advertising materials. For more information, please visit avenuesstreetfair.org. We will accept applications until June 30th.

—Brian Berkelbach

WHY YOU SHOULD EAT MORE FERMENTED FOODS

Ali Spencer, RDN

If you haven't done so already, it's time to start including fermented foods in your diet. Fermentation has been used for thousands of years to preserve food and its nutrients. You may even be surprised to learn that there are quite a few fermented foods you're already eating.

WHAT IS FERMENTATION?

Fermentation is the chemical reaction that takes place when bacteria or yeast is used to break down a food. Typically, what happens is sugar is broken down into acid or alcohol. Traditionally, fermentation was used as a way to preserve food and beverages because it greatly extends their shelf life.

WHY IT'S BENEFICIAL

Bacteria used to break down the sugars are beneficial to our intestines. We call these probiotics. Probiotics ensure that we have a healthy balance of bacteria – they can aid in digestion, help with certain GI conditions, and may help boost our immune system. Secondly, the fermentation process breaks down food which makes it easier for us to absorb certain nutrients—like Vitamin C—from those foods.

FERMENTED FOODS TO TRY

Fermentation is more common than you think. Here are some of the more common fermented foods:

- Yogurt: make sure to choose one that says "live active cultures"
- Kefir
- Kombucha
- Miso
- Tempeh
- Sauerkraut and Pickled vegetables (must be refrigerated and say "unpasteurized")
- Vinegar (if you are going to drink it, make sure you dilute 1-2 Tbsp in at least one full cup of water)
- Beer and Wine (remember that the health benefits of fermentation don't outweigh the negatives of excess alcohol. It's recommended to limit to 1 drink/day for women, 2 drinks/day for men)

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THIS MONTH'S MEETING:
WEDNESDAY,
APRIL 5, 2017, 7:00 P.M.
SWEET LIBRARY,
9TH AVE. AT F STREET

Important dated material. Please deliver in-home by March 31

Greater Avenues Community Council thanks LDS Hospital for their generous sponsorship of our activities.

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